



## Scale G first aid kit list

### Items to be stored in first aid kit

GES 2015/01 provides an equivalent means of compliance with Annex H for vessels operating in operational areas C, C Restricted, D or E.

Items shown in *italics* are considered an equivalent substitution only when the medication required by the standard is unavailable and Owners/Operators have conducted a risk assessment in accordance with GES 2015/01 to ensure that those items are sufficient for the relevant area of operation.

Description	Qty	Notes	Comments
Bandage, conforming 5cm	1		Secure dressing and support injured parts
Bandage, conforming 10cm	1		Secure dressing and support injured parts
Bandage, heavy crepe 7.5cm	2		Support bandage
Bandage, triangular	4		Sling
Dressing, combine 10 x 10cm, sterile	3	†	Bleeding control
Dressing, combine 10 x 20cm, sterile	2	†	Bleeding control, large
Dressing, non-adherent (10 x 10cm or similar)	5	†	Wound cover
Dressing, hydroactive (10 x 10cm or similar)	1	†	Blisters, burns and minor exudate wounds
Wound dressing, combination, large	2		Major wounds
Wound dressing, combination, small	2		Major wounds
Adhesive roll non-woven fabric 5cm x 10m	1		Securing dressings
Dressings, elastic fabric strips	50		Minor wound cover
Gauze swabs, sterile (single use pkt of 3)	3	†	Cleansing / dressing wound
Eye pad, sterile	2	†	Eye cover
Wound closure strips, wide, 6 x 38mm	1	†	Securing wound sides
Tape surgical waterproof 2.5cm x 5m	1		Secure dressing
Tape surgical waterproof 5cm x 5m	1		Secure dressing
Towels, disposable, pkt of 2	2		
Plastic bag set (3 asst L, M and S)	1		Amputated parts
Plastic bag	2		Disposal of soiled dressings
Gloves, disposable, large	10		
Safety pins, stainless, assorted pkt of 12	1		
Blanket, emergency thermal	1		Hypothermia and shock
Ice pack, instant	1		
Resuscitation mask, disposable	1		
Splinter probes, sterile, disposable	5		
Splinter forceps, 12.5cm	1		
Shears, stainless, 19cm minimum	1		
Splint malleable, universal	1		
Normal saline, sterile 30mL polyamp, or	6	†	Eye irrigation / wound cleaning
<ul style="list-style-type: none"> <li><i>Sodium Chloride 0.9% (Normal Saline) ampoule 10mL, or</i></li> </ul>	20	†	
<ul style="list-style-type: none"> <li><i>Sterile injection and irrigation 50mL, or</i></li> </ul>	3	†	
<ul style="list-style-type: none"> <li><i>Sodium Chloride Compound eye rinse 120mL.</i></li> </ul>	2	†	
Povidone iodine swabs (single use), or	10	†	Antiseptic

	Description	Qty	Notes	Comments
	<ul style="list-style-type: none"> <li>Povidone-Iodine 10% Antiseptic Liquid 100mL</li> </ul>	1	†	
	Anaesthetic + antiseptic cream 30g, or	1	†	
	<ul style="list-style-type: none"> <li>Cetrimide/Lignocaine compound cream 100g, or</li> </ul>	1	†	
	<ul style="list-style-type: none"> <li>Benzalkonium Chloride/Lignocaine sunburn relief spray 125mL.</li> </ul>	1	†	
	Paracetamol 500mg tablets or capsules	20	†	Mild pain relief
	Hyoscine Hydrobromide 0.3 mg tablets, or	10	†	Seasickness
	<ul style="list-style-type: none"> <li>Hyoscine Hydrobromide 0.2mg, Dimenhydrinate 50mg, or</li> </ul>	10	†	Potentially more sedating. Alcohol must be avoided.
	<ul style="list-style-type: none"> <li>Caffeine 20mg tablets.</li> </ul>	10		
	Loperimide 2 mg tablets, or	16	†	Diarrhoea
	<ul style="list-style-type: none"> <li>Loperamide 2mg capsules, or</li> </ul>	24	†	
	<ul style="list-style-type: none"> <li>Diphenoxylate HCl 2.5mg/Atropine Sulfate 25mcg tablets.</li> </ul>	20	*†	
	Antacid tablets, or	12	†	
	<ul style="list-style-type: none"> <li>Antacid liquid 500mL</li> </ul>	1	†	
	List of contents, brief instructions for use, expiry dates, and last check dates	1		Stowed within or adjacent to the kit

Notes:

† Expiry dated

\* Requires prescription

### Items that may be stored separately, but should be readily accessible to the crew

	Description	Qty	Comments
	CPR instruction chart or card	1	
	Australian First Aid Book	1	
	Medical Log Book	1	To record the use of all medicines, first aid and medical incidents, including the name of the patient, date and time, condition, and treatment.
	Automated External Defibrillator (AED)	Optional	Recommended for Class 1 vessels.
	Stretcher for helicopter evacuation / ship board use	Optional	Recommended for Class 1 vessels
	First Aid Oxygen Unit	Optional	Recommended for Class 1 vessels